



# Adult Mental Health Residential

## Our Residential Mental Health Services

SeaView's Adult Mental Health Residential Program offers the support and structure of residential treatment for adults with mental illness who do not need hospitalization.

Our services are designed to provide adults with the psychiatric help they need to improve their mental health and move back into the community.

## Our Residential Treatment Facility

Evergreen is a 7-bed residential facility for clients who need short-term help coping with a worsening of their mental illness or who need long-term support and assistance to restore their mental health.

Evergreen provides a warm and welcoming treatment environment in a tranquil wooded setting in Seward, Alaska, located near the small boat harbor and downtown. The program routinely takes clients out for social and recreational activities, shopping, and errands. We encourage our clients to take advantage of the social and cultural opportunities Seward offers.

## Individualized Treatment and Community Integration

Our staff understand recovery from a behavioral health disorder is unique to the individual. Each client has a multidisciplinary treatment team that includes the Clinical Supervisor, Psychiatrist, Nurse, Therapist and Case Manager. Families are recognized as important members of the treatment team, and their involvement in care and treatment planning is strongly encouraged.

Our comprehensive services include:

- Psychiatric evaluation and monitoring
- Medication prescription and management
- Psychotherapy - Individual, Family, & Group
- Case management
- Supported employment
- Psychoeducation groups
- Skill development in the areas of illness management and independent living
- Nutrition/wellness activities

Evergreen is not a locked facility and the program works to support clients in developing independence and autonomy. Our staff carefully assess clients' needs and strengths to determine the course of treatment and degree of support.

## We are here, when you need us.

To explore care options, call 907.224.5257  
or visit us at [seaviewseward.org](http://seaviewseward.org)

